

Creative Depth Psychotherapy
Seja Rachael MA, LPCS
1310 South First Street Austin 78704

INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

Risks of Opting for In-Person Services:

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus.

Your Responsibility to Minimize Your Exposure:

To obtain services in person, you agree to take certain precautions which will help keep everyone safer from exposure. Initial each to indicate that you understand and agree to these actions:

- You will only keep your in-person appointment if you are symptom free.
- If you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, I won't charge you our normal cancellation fee.
- You will wait in your car or outside [or in a designated safer waiting area] until no earlier than 5 minutes before our appointment time.
- You will wear a mask while in office suite.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus.

Office Suite Procedures:

Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone safer from exposure. Initial each to indicate that you understand and agree to these actions:

- You will only keep your in-person appointment if you are symptom free.
- If you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, I won't charge you our normal cancellation fee.
- You will wait in your car or outside [or in a designated safer waiting area] until no earlier than 5 minutes before our appointment time.
- You will wear a mask in all areas outside of my office.
- You will use alcohol-based hand sanitizer when you enter the building.
- You will adhere to the safe distancing precautions we have set up in the waiting room and testing/therapy room. For example, you won't move chairs or sit where we have signs asking you not to sit.
- You will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with me .

Risks of Opting for In-Person Services

- You understand that by coming to the office suite, you are assuming the risk of exposure to the coronavirus.

Office Safety Precautions in Effect During the Pandemic

My office suite is taking the following precautions to protect our patients and help slow the spread of the coronavirus.

- Restroom soap dispensers are maintained and everyone is encouraged to wash their hands.
- Hand sanitizer that contains at least 60% alcohol is available in the therapy/testing rooms, the waiting room and at the reception counter.
- We schedule appointments at specific intervals to minimize the number of people in the waiting room.
- We ask all patients to wait in their cars or outside until no earlier than 5 minutes before their appointment times.
- Physical contact is not permitted.
- Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.
- Common areas are thoroughly disinfected at the end of each day.

My Additional In Office Protocols

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- To avoid waiting room my patients will come through my back door.
- My preference is that you avoid using the restroom if possible.
- I will maintain 7 foot distance and have several windows open.
- I am now fully vaccinated and will not wear a mask in my office. It is unlikely I will pass contagion, however it can occur.
- It is your choice as to whether to wear a mask in the office during the session. It is your responsibility if you choose to take the small but possible risk to exposure.

Your signature below shows that you agree to these terms and conditions.

\_\_\_\_\_  
Patient/Client

\_\_\_\_\_  
Date

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